

## Sisters in Heart 2018

This is a ministry of encouragement between yourself & another lady here at Hope. You will be her anonymous prayer partner & up-lifter for just about 3 months, then everyone “reveals” at the ending event (which alternates yearly between a Spring Tea party & an offsite brunch).

You will offer encouragement through **small notes/cards** (placed in the SIH kiosk in the church lobby), and most importantly through prayer in your quiet time.

### Calendar

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January: sister signups open

(fill out your form and turn it in to the kiosk in the lobby)

February through April: encourage, refresh & uplift your sister

Leave weekly notes/cards at the kiosk!

May 12<sup>th</sup>, 2018: *Sisters in Heart* Brunch & Fellowship at a local restaurant.

### Guidelines

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#### 1. This is a commitment.

Your sister will be expecting you to uphold her in your prayers - she should be able to rely on you for encouragement. Leave cards/notes for her at the kiosk **weekly or bi-weekly**.

#### 2. Pray daily for your sister.

Read her form! Remember her needs so that you may pray specifically for them. Discover her likes & dislikes. **Sisters will not be exchanging gifts during the program**, but you can choose to bring a gift to the “revealing” event.

#### 3. Keep it a secret!

Don't let anyone know whom you have. Remember to write only your sister's name on the envelope when you leave it at the SIH kiosk in the lobby.

#### 4. Promptly pickup notes/cards left for you.

There are also **complimentary blank notecards** available on the SIH kiosk.

If you have any questions or need more information, please contact Laurel Bunker at [SistersInHeart@yahoo.com](mailto:SistersInHeart@yahoo.com) or (425) 241-4184

# All about me...

(Please print clearly...)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City & Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Birthdate: DD/MM      Age: 18-24   25-29   30-49   50-69   70+      Marital Status: \_\_\_\_\_

Immediate family: \_\_\_\_\_

## A few of my favorites...

Beverage \_\_\_\_\_ Interest/Hobby \_\_\_\_\_

Dessert \_\_\_\_\_ Bible Verse \_\_\_\_\_

TV show \_\_\_\_\_ Color \_\_\_\_\_

Magazine \_\_\_\_\_ Flower \_\_\_\_\_

Book \_\_\_\_\_ Holiday \_\_\_\_\_

Author \_\_\_\_\_ Snack \_\_\_\_\_

I like to spend my free time \_\_\_\_\_

\_\_\_\_\_

## Some things I don't like (foods, activities, etc.) ...

\_\_\_\_\_

## Prayer requests that are dear to my heart:

Immediate Needs: \_\_\_\_\_

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Ongoing Needs: \_\_\_\_\_

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"But encourage one another day after day as long as it is still called 'Today'..." Hebrews 3:13a



